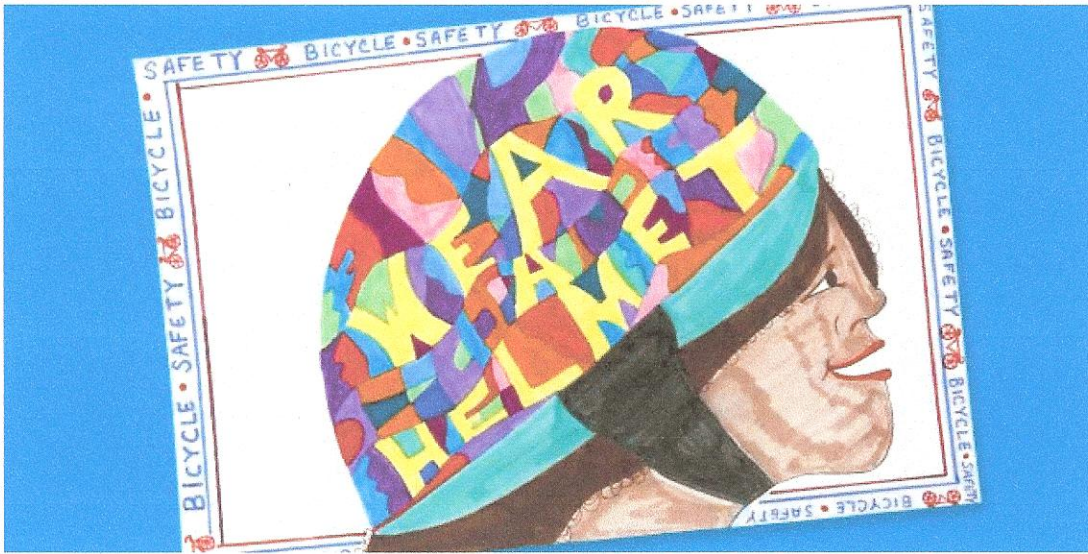


# Bike Riders' Rules



## Crayola Supplies

Erasable Colored Pencils  
Markers  
Multicultural Markers  
Construction Paper

## Household Supplies

none

## Why?

What are the rules for safe bike riding? Embed a safety message in this colorful helmet poster!

## Steps

1. What are the rules for safe bike riding? For example: it's important to wear a helmet, look all ways before changing directions, use lights and reflectors at night. Why are these rules so important to follow? Make a catchy poster to remind your friends about safe bike riding.
2. On a large piece of paper, use Crayola® Erasable Colored Pencils to sketch a side view of a bike rider's head wearing a bike helmet.
3. Color in the face and add facial features with Crayola Multicultural Markers.
4. Inside the helmet, outline in block letters a bike safety message such as

WEAR A HELMET or SIGNAL YOUR TURNS. Fill the message with one color of Crayola Washable Markers.

5. Use your imagination to fill in the rest of the helmet with all kinds of shapes. Fill them in with various marker colors.

6. Frame your poster on a larger sheet of colored paper if you like.

### **Adaptations**

With younger children and those who have special needs, ask an older child to demonstrate rules in a safe area using a real bicycle. Make sure the helmet is current and the bike is working properly.

Design a floor-size street map. Make miniature bicycles and traffic signs. Practice safe biking with toys on the map.

Discuss the importance of wearing a passenger safety belt. Talk about booster seats for young children. How do they prevent injuries in vehicles? Make posters promoting these safety measures.

Create a 3-D ball with six circles showing bike and car safety tips. Fold circle edges to make squares. Draw pictures and write messages on all sides. Glue folded edges together to form a ball.

### **Benefits**

Students list rules and regulations concerning responsible bike safety.

Students find out why wearing a bike helmet can prevent head injuries.

Students promote bike safety awareness by creating a poster containing an embedded safety message.

### **Grades**

Grades 1 to 3

Grades 4 to 6

Special Needs

### **Subjects**

Science

Social Studies

Visual Arts

## Time

30 to 60 minutes

## Curriculum Standards Links

US: [Research U.S. Standards](#)

UK: [Research UK Standards](#)

Canada: [Research Canada Standards](#)

## Safety Guidelines

**Small Parts—⚠️ WARNING: CHOKING HAZARD—**Small parts. Not for children under 3 years.

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